

Northwaters & Langskib Wilderness Programs Confirmation Packet

Northern Lights First Session

First Day of Session: July 3rd **Date of BBQ:** July 15th **Last Day of Session:** July 16th

Travel Information

We meet participants in Toronto, Ottawa and Temagami on the first day of the session.

Toronto: Meet at Toronto Pearson International Airport before 12:00 noon on the first day of session.

For those flying to Toronto: We will rendezvous at the Toronto Pearson International Airport on the first day of the session. Please schedule a flight that allows your participant to make it through customs and baggage claim with ample time to ride on our 12:00 noon bus from Toronto to Temagami. Upon arrival, participants flying internationally will collect their baggage, pass through customs and then **exit into the terminal** where a camp representative will be waiting with a Northwaters & Langskib (NWL) sign. Your duffle bag helps make it easy for us to identify you. Canadian participants flying domestically will do the same except they will not pass through customs. Our airport staff will keep apprised of flight changes, delays and arrival times and will call the number(s) provided on your travel form with any questions or concerns. We will board our charter bus for the five-hour trip north to Temagami promptly at noon. We will provide lunch along the way and will arrive at basecamp in time for dinner. Many airlines require that if your child is under age 13 they be registered with the airline as an "Unaccompanied Minor". For more information please contact the airline directly, as policies vary. **Departure flights should be scheduled on the last day of the session for after 4:00 pm.**

Note to participants flying into Toronto from foreign countries and distant states/provinces: If flights cannot be scheduled to arrive in Toronto to catch our noon bus participants can arrive the evening before **any time after 4:00 pm** (primarily participants from foreign countries and distant states or provinces). Upon arrival, participants will collect their baggage, pass through customs and then **exit into the terminal** where a camp representative will be waiting with an NWL sign. Supervision, lodging and meals will be provided for an additional fee of \$150 when you indicate on your travel form if you will be arriving a day early. Alternatively, you can look for a flight arriving on the first day of the program into North Bay, Ontario (YYB). Our busses and vans pass through North Bay between 4-5pm.

For those traveling to Toronto by car: We will rendezvous **INSIDE** the Toronto Pearson International Airport on the first day of the session by 11:45am. A staff person with an NWL sign will be located inside the **Arrivals Level of Terminal #3, International Area**. Please plan to arrive between 11:00 and 11:45 am. After we have met participants arriving by both plane and car, we will board our charter bus promptly at noon for the five-hour trip north to Temagami. We will provide lunch along the way and will arrive at basecamp in time for dinner. **On the last day of the session** you may pick your child up at the same location inside Pearson between 2:30 and 3:00 pm.

Ottawa: Meet at the Ikea parking lot in Ottawa at 11:00 am on the first day of the session, exit 129 off the 417-Pinecrest/Greenbank Roads.

Participants will meet NWL staff members in the Ikea shopping centre parking lot in Ottawa at 11:00 am on the first day of the session. The shopping centre is on Iris Street at exit 129 off Highway 417 (Pinecrest/Greenbank Roads). Look for our white van in the parking lot between the bank of multi-coloured IKEA flags and the highway near Chapters/Starbucks. Together we will travel by van the 5 hours north to Temagami. We will provide lunch along the way and will arrive at basecamp in time for dinner. **On the last day of the session**, participants and staff will return to the same location between 2:30 and 3:00 pm.

Temagami: Meet at Lakeland Airways in Temagami at 5:30 pm on the first day of the session.

If you are driving to Temagami to drop off your child, we will rendezvous on the first day of the session between 5:30 and 6:00 pm at Lakeland Airways, 25 Lake Shore Drive. You can see Lakeland from the road as you drive north into town it is right on the lake. Temagami is a small town and the folks at Lakeland are very friendly. You can leave gear there and walk around town if you get in early. Weather permitting; Langskib participants fly to Langskib island basecamp by floatplane once the rest of the participants arrive on the busses from Toronto and Ottawa. Northwaters participants drive to the boat launch and travel to Northwaters Island by motorboat. On the last day of the session, you may pick up your child at the end of the Temagami Access Road, Manitou Landing and/or join us out at basecamp for the end of session BBQ (further details below).

Unaccompanied Minors

Unaccompanied Minor (UM) guidelines and fees are particular to each airline carrier. Typically, airlines need to know the name, address and phone number of the person who will be meeting your child as they exit through customs and into the terminal meeting area. We cannot assign our staff to airport pickups until a few days prior to arrivals and simply don't know well in advance who will be at the arrivals level to meet your child. Please let us know on your travel form if your son or daughter will be traveling as a UM and we will contact you with the information you need to give the airline as soon as it is confirmed on our end. ***If you are unable to pay for the UM return flight prior, please send your child with enough cash to cover the return UM fee.***

End of Session BBQ

To celebrate the participants' journey we hold an end of session barbecue at Northwaters basecamp, to which parents, grandparents and siblings are invited (sorry, no pets). If you are unable to attend the BBQ and pick-up your child then, we transport participants back to the mainland, Toronto and Ottawa on the last day of the session. See above for return travel details.

The BBQ is held on the **second to last day of the session** (see top of document for BBQ dates). The BBQ is a great way to get a sense of your child's experience, meet our staff, and tour our basecamp facility— the delicious food is an added bonus. Staff will meet families at the end of the Temagami Access Road by the Manitou landing at 12:00 noon on the day of the BBQ and boat them to basecamp. You will be welcomed at Northwaters with a light snack and can tour the facility in time for the participants to paddle in at approximately 2:00 pm. Please indicate on your travel form if you plan to attend the BBQ, how many in your family will be joining us, and if you plan to tent camp at Northwaters.

If you can't make it to the Manitou Landing for our 12:00 noon shuttle but would still like to attend the BBQ, there are two means of charter transportation out to Northwaters: Lakeland Airways offers floatplane service from the town of Temagami (705.569.3455) and there are several water taxi services which depart from the end of the Temagami Access Road. We recommend Loon Lodge's taxi service (705.237.8918).

At the end of the BBQ, we boat parents back to the Manitou landing after festivities about 9:00 pm, or you may arrange a water taxi at your convenience. You are welcome to spend the night at Northwaters and boat out the following morning with the participants, although accommodations are somewhat rustic. You may borrow a tent or bring along a tent and sleeping bags to accommodate your family. Alternatively, there are several places off-island to stay overnight nearby. We recommend the following local accommodations, but you can visit the [Temagami Chamber of Commerce](#) for more accommodation options or try North Bay, a large town an hour south. We recommend you book your stay EARLY!

[Temagami Shores Inn & Resort](#) (705.569.3200)

Location: on the way into the town of Temagami, off Highway 11

[Ket-Chun-Eny Lodge](#) (705.237.8952)

Location: on Lake Temagami across from the Manitou Landing

[Loon Lodge](#) (705.237.8918)

Location: on Lake Temagami near the landings
There is a foot trail to Loon Lodge

[Finlayson Point Provincial Park](#) (705.569.3205)

Location: just outside of town off Highway 11
—public campgrounds with facilities

Non-Canadian Residents

All participants should travel with a passport, whether they are flying or driving. In addition to a passport, minors traveling without their parent/guardian will also **need a signed letter from parents/guardians** stating that they are traveling in Canada to attend a wilderness canoeing program in Temagami, Ontario. All airline tickets, important papers, cash, electronics, medication, cell phones and other valuables will be collected for safekeeping upon arrival at basecamp.

Drugs and Alcohol

The use of alcohol or drugs (including cigarettes and marijuana) is absolutely not permitted. Possession of illegal drugs in Canada is punishable by law and crossing the Canadian border with illegal drugs is a serious criminal offense. If participants are found in possession of illegal drugs, they will be removed from our program at the parents/guardians expense and tuition will not be refunded.

iPods, video games, mobile phones, etc.

We know the journey to basecamp can be very long and that music or video games can help make the time pass more enjoyably. Please be aware, however, that music players, video games and cell phones (there is no cell service on the island or on trail) will be collected along with all other valuables for safekeeping upon arrival at basecamp.

Nut-Free

Please note that NWL is a peanut and tree-nut free program. If you are sending or bringing supplemental food to basecamp, or on trail, please send certified nut-free items ONLY.

Tuition

Tuition balances are due May 15th or as stated on your invoice. Tuition covers all activities from arrival at basecamp until departure on the last day of the session with the exception of optional pre and post camp bus fare and optional spending money (travel snacks and/or items from the camp store such as t-shirts, maps, water bottles & stickers).

Refund Policy

If for any reason an application is withdrawn 30 or more days prior to the session start date, deposit and tuition will be refunded minus a \$50 processing fee. Participants who withdraw between 1 and 30 days prior to the session start date will be refunded all payments except the deposit and processing fee. NWL is not obligated to refund the tuition of any participants who withdraw or are dismissed the day before, the day of, or any time after the first day session begins.

Trip Insurance

Parents are financially responsible for expenses not covered by either NWL's or your personal insurance. Check with your insurance provider about the extent to which your child is covered during their time with NWL. Purchasing appropriate trip/travel insurance can provide coverage for costs incurred in the unlikely event of illness or injury including evacuation and associated travel expenses. We highly recommend that you purchase travel insurance that specifically covers summer camp/wilderness adventures. Allianz, Trav Mark, Travel Guard International, and InsureMyTrip.com are a few reputable providers.

Contacting Us

Until June 15th:

Northwaters / Langskib
P.O. Box 205
Westport, NY 12993 USA
Phone: 518-962-4869 Fax: 518-962-8768
Email: canoe@northwaters.com

After June 15th:

Northwaters / Langskib
P.O. Box 358
Temagami, ON POH 2HO Canada
Email: canoe@northwaters.com
Phone: 705-237-8227 Fax: 705-237-8663

After June 15th, our off-season phone and fax line forward to our Northwaters basecamp. While we usually have someone available to answer calls during the day, we try very hard to limit phone time to urgent communications only. Our basecamps are located on islands in remote country—our phone line is our primary link with staff in the field and emergency services. **The best way to contact us with general questions, travel information/updates, participant information etc. is by email.** We will happily respond with thoughtful and thorough responses in a timely manner.

Email Updates

About half-way through their experience we will send one thoughtful and “official” email update to parents. We will include news about participants’ basecamp stay, a description about their route, which trip leaders they are traveling with and a link to photos we snapped at basecamp. Beyond this update and the occasional basecamp news on our Facebook page, we operate on the adage, “no news is good news”.

Contacting Participants, Sending Parcels & Care Packages

We suggest mailing letters **early** so they arrive in time for participants to receive when they return to basecamp at the end of session. **Letters from outside of Canada typically take at least 14 days to arrive.** Participants are encouraged to write letters home. Stamps can be purchased at basecamp. Our basecamps are located on islands not serviced by Canada Post or any courier/shipping company. It is often expensive, difficult and time consuming to get a package to or from either island. Packages are delayed at customs or delivered to random locations on the mainland for us to retrieve. Often times, participants don’t receive packages at all, or they arrive after the participants have gone home. We recommend you send letters in lieu of packages and save special treats for a welcome home celebration. **We strongly advise against sending anything perishable or of value.** *Please Note:* If a participant arrives without an important piece of personal gear, we will provide a loaner.

Fishing (optional)

The fishing in the Temagami area is very good. If your child enjoys fishing there will be ample opportunity to fish at basecamp and on trail. Canadian minors may fish under our licensure- internationals may purchase an Ontario fishing license at basecamp for \$8. Common fish species include Pike, Walleye, Bass and Lake Trout. Suggested tackle:

Rod and reel: Any spin cast type is adequate (please transport in a pvc tube or case)

Lines: Stren---Trilene (about 8 lb. test monofilament)

Lures: Mepps (#0, #1, #4, #5), Johnson Silver Minnow, Daredevil 4” size

NWL Check-off List for you To Do

- Make certain you have personal identification and passport with travel letter if non-Canadian resident
- Make travel reservations/arrangements and [submit Travel Form](#) as soon as possible (no later than May 15th)
- [Submit Medical Form](#) (no later than May 15th). **All participants (including those returning) must have a completed, signed, yearly, up to date health form to participate**
- [Pay tuition](#), tax and travel balance by May 15th or as stated on invoice
- Pack gear

The Giveaway (Northern Lights and Northwaters)

We ask that participants bring something that has been important or meaningful in their life that they are ready to pass on—it need not have any monetary value. It might be a poem or song that holds special meaning, a book that had impact, a drawing or poster, something they have created, or an object that holds a special memory. These are just suggestions—we have found young people to be very creative in this ceremony. We encourage each participant to take some time to think about the possibilities and any support of this would be most appreciated. We have borrowed this custom from the Native peoples. Many past participants have said that the Giveaway was a highlight for them. Two things that we have come to learn: the more difficult it is to give up, the more it is an actual Giveaway, and giving away makes room for new growth. This last learning seems particularly appropriate for young people entering adolescence.

Emergency Information for Travel to Basecamp (please carry this portion on travel day)

Pearson International Airport, Toronto, ON:

I am attending Northwaters & Langskib Wilderness Programs in Temagami, ON. If I am flying, I am to be met AFTER I exit customs by a representative of NWL. If driving, I am to meet my party between 11am and 11:45am **INSIDE** the Arrivals Level of Terminal #3, International Area. If I encounter any difficulties en route or changes in my travel plans, I should call this toll free number: 866-458-9974

Ikea parking lot, Ottawa, ON:

I am attending Northwaters & Langskib Wilderness Programs in Temagami, ON. I am to be met by a representative of NWL at 11am in the northern-most area of the Ikea parking lot. I should be looking for a staff member, white van and a group of young people with duffle bags. If I encounter any difficulties en route or changes in my travel plans, I should call this toll free number: 866-458-9974

NWL Equipment List

Comfortable clothes appropriate for the changeable Temagami weather will make all the difference in your experience on trail. Conditions range from cold and wet to hot and sunny, sometimes in the same day. There is no need to buy expensive gear; you may have many of these items already or find them at a second-hand store. Packable layers are key, as are synthetic materials that will keep you warm even when wet. Clothing will see hard use and will be carried with you- inside your dry bag, inside your Duluth, inside your canoe and on portages. **EVERYTHING SHOULD BE LABELED WITH FIRST AND LAST NAME. NWL cannot be responsible for items damaged, lost or left behind.**

Duffel bag. Everything you bring should fit in this bag, in no particular order. The duffel is to simplify travel from your home to basecamp and make it easier to identify you when you arrive at the airport, bus terminal or in Temagami. It does not go on trail with you, but stays securely behind at basecamp. We will provide a special canoe pack (Duluth) for you to take on trail.

55-litre 'dry bag'; this is a waterproof bag that holds all of your clothing and personal gear within the Duluth pack.

A note about clothing: whenever possible please try to bring clothing made from wool, synthetic fibers or polyester blends as opposed to 100% cotton. Synthetic fibers are more durable and keep you warmer when they are wet.

- 1-litre water bottle (durable aluminum, stainless steel or heavy duty plastic- wide-mouth Nalgene ideal)
- Underwear (enough for the duration of your stay, at your discretion. Bathing suits are often worn during the day, underwear at night)
- 2 long underwear tops (long sleeve wool, synthetic fiber or polyester blend. Quick dry, not cotton)
- 1 pair of long underwear bottoms (wool, synthetic or polyester blend. Quick dry, not cotton)
- 1 pair of fleece pants (or other warm, loose fitting, light weight, durable, quick-drying material)
- 1 pair of long quick-dry pants (nylon 'hiking pants' or synthetic 'track pants' are perfect)
- 4 pairs of warm wool socks (or material designed to insulate like wool)
- 2 pairs of shorts (light weight & durable)
- 2 T-shirts (synthetic fiber or polyester blend, limit cotton)
- 1 swimsuit (2-piece preferable for girls)
- 1 hat with brim (sunhat or baseball cap)
- 1 wool or fleece hat/toque
- 2 fleece jackets or pull-overs (one to use as a day-time 'wet fleece' and one night-time 'dry fleece')
- 1 towel (mid-size, synthetic "chamois" type, not giant, cotton beach towel type)
- 1 set of rain gear (jacket **and** pants, no ponchos. Coated or rubberized nylon is fine—expensive/breathable nice, but not necessary)
- 1 pair of 'wet shoes'* (not booties. These shoes will be worn throughout the day while canoeing and portaging on trail. Please bring close-toed shoes that you don't mind getting wet and dirty, but ones that will also give you ample support while portaging—worn, lightweight running/hiking shoes are preferred, try to avoid boots of any kind. Your old sneakers are perfect!)
- 1 pair of 'dry shoes'* (these shoes will be worn at the end of the day and while hiking. They should be comfortable close-toed running shoes or light hiking boots/shoes)

***Tevas, Crocs, Keens or sandals/waterproofs of any kind are dangerous on the trail. They will not be accepted as a substitute for trail footwear.**

- 1 pair UV-rated sunglasses (attachment cord recommended)
- Sun block (waterproof SPF 30 lotion recommended)
- Environmentally friendly, travel-size toiletries—don't forget your toothbrush!
- Biodegradable soap (liquid soaps are best. We recommend Dr. Bronners or Camp Suds, available at most outdoor stores)
- Insect repellent—no aerosols please. The most effective insect repellents contain some percentage of DEET.
- 1 cup (metal or durable plastic—insulated is fine but not necessary)
- 1 fork/spoon set
- 1 knife (folding or sheath, simple or multi-tool, 2-3" blade ideal)
- 1 headlamp or flashlight with extra batteries
- 1 compact sleeping bag (mummy-type preferred, rated for 5⁰ C or 40⁰ F with a maximum packed size of 50 x 25 cm)
- 1-2 comfortable basecamp/travel outfits (cotton, jeans, hoodies, sweatshirts/pants etc. are fine. These are clothes you can wear while in basecamp. They will be left behind when you go out on trail and be waiting for you, nice and clean and dry when you return.)
- Personal identification, passport and other travel documents as needed
- Giveaway (for Northern Lights and Northwaters) or Trade Item (for Excalibur and Langskib)

Optional Items

- Money (\$25-50 CAD or USD, for a souvenir or travel snacks. Please send Unaccompanied Minors with cash for return travel fee.)
- Camera- Disposable and/or waterproof recommended (NOT your phone)
- Logbook/journal and pen
- A small/medium sized 'dry bag' or Pelican Case to store frequently used items during the day (camera, sunscreen, bug repellent, etc.)
- Fishing rod and tackle (rod should be carried in a plastic tube)
- A good book or other small hobby/craft items (embroidery floss, beading, etc)
- Compact Therm-A-Rest or sleeping pad and camp/travel pillow

Please label everything. NWL cannot be responsible for items damaged, lost or left behind.